

BULLETIN
OF
OKAYAMA PREFECTURAL JUNIOR COLLEGE

VOL. 37

CONTENTS

Health and Food Behavior of the Living Alone Aged in a Farm Village Shigeko YOSHIDA • Kiyō ISHIHARA • Yumi KOHARA and Yukari SAITOH	1
The Six Nutrigroups and Nutrition Intake of the Living Alone Aged in a Farm VillageShigeko YOSHIDA • Yumi KOHARA • Yukari SAITOH	10
Thrombolysis and Alcohol Drinking : Effect on Plasminogen Activator Release from Vascular Wall. Hiroyuki SUMI • Masao SEIKI, and Hisashi MIHARA	16
A Sensitive Radial Diffusion Method for the Determination of Several Proteases. Hiroyuki SUMI • Chieko YATAGAI, and Nobuyoshi NAKAJIMA.....	22
Studies on Oral Fibrinolytic Therapy : Application of High Molecular Weight Form Urokinase for Experimental Thrombus in Beagle. Hiroyuki SUMI • Chieko YATAGAI • Nobuyoshi NAKAJIMA • Naotoshi TAYA, and Toshitami SAWAYAMA	28
A Functional Food Vinegar : Acceleration of Blood Fibrinolytic System. Hiroyuki SUMI • Chieko YATAGAI • Nobuyoshi NAKAJIMA, and Hisashi MIHARA	36
Fatty Acid Composition of Egg Yolk Lipids from Hens Fed Diets Different Levels of α -Linolenic Acid (18:3 ω 3)..... Kazuhiko SUZUKI • Toyonori OHMORI • Toshitaka OKADA • Kousei OGURI • Etuharu KAWAMURA	40
A Novel Fibrinolytic Protease from <i>Katsuwonus Pelamis</i> Nobuyoshi NAKAJIMA • Mayumi BANDO • Teruyo OHKAWA • Naotoshi TAYA, and Hiroyuki SUMI	46
A Study on Sports Activities of the Aged Katuyoshi SHIRAGA • Yoshihide INUKAI	50
A Method of the Teaching—Learning of Dance—Expression in Junior High School. Hiroko ISOSHIMA	57
Metabolic and Cardiopulmonary Responses to Wheelchair Exercise (3) —Wheelchair Exercise in Paraplegic and Quadriplegic Patients — Toshihiko HIRATA • Fumiko NAGATOMI	64
Social System of Championship Sports —Present Condition and Task of Japan Mens Gymnastics Organization System— Kiyoshi GOTOH • Masanori SHIMIZU • Nobuyuki KAJITANI	69
Pre- and Menstrual Syndrome in College Students II —Relationship between the Impact of Menarche and Menstrual Distress —Toshiko WAKABAYASHI • Kazunori IZUMIYA	79
In Clinical Practice on the Basic Nursing Education Part IIMichiko KODAMA • Toshiko WAKABAYASHI	84

(Continued on inside back cover)